# Adult Aural Rehabilitation at the USLHC

#### Types of Adult AR Available

Both individual and group AR services are available at USLHC. These services are provided by graduate students in the Department of Communication Sciences and Disorders, under the supervision of a licensed and certified speech-language pathologist.

AR therapy groups provide participants with the tools needed to increase hearing and communication skills, as well as to help develop realistic expectations.

#### The Focus of Adult AR

- Develop effective listening strategies
- Increase comprehension of speech by improving discrimination of sounds
- Increase comprehension of speech in noisy environments
- Learn to use equipment hearing aids, cochlear implant, FM system etc.
- Improve speech reading/lip reading skills



## What is Adult Aural Rehabilitation?

The goal of aural rehabilitation (AR) is to help people adjust to hearing loss and learn to use residual hearing in activities of daily life. This can include many services including increasing communication and hearing skills, developing listening strategies, and learning to make the best use of hearing aids, cochlear implants, or other devices.

For more information about aural rehabilitation, visit:

http://www.asha.org/public/hearing/ Adult-Aural-Rehabilitation/

## The Benefits of Aural Rehabilitation

Participation in aural rehabilitation and speech reading programs has been shown to increase motivation and compliance in using amplification such as hearing aids or cochlear implants. Research shows the group environment helps develop realistic expectations.





**SEEK FIND** 

#### **Registration Required**

Call 713-743-0915 to register. The clinical educator, Frankie Sims, can be reached at the following email: fbsims@central.uh.edu.

#### Fees

Sliding scale based on income

#### Schedule

Varies — Approximately 12 weeks in the fall and spring semesters

#### Who is Eligible

Adults with hearing loss who use hearing aids or cochlear implants.

#### Location

The University Speech-Language-Hearing Clinic — Main UH Campus

#### Services are also available at:

- Magnolia Multi-Service Center
- Third Ward Multi-Service Center

Equitable Treatment Services at the USLHC are available to all people, regardless of gender expression and identity, ethnicity, race, sexual orientation, age, disabilities, religious beliefs, and socioeconomic status.



@UHCOMD

The University Speech-Language-Hearing Clinic is located at UH Entrance 8, in the Clinical Research Services building.



3871 Holman St. M156 Houston, TX 77204-6018



713-743-0915



www.uh.edu/class/comd/slhc

### SFRVICES OFFERED AT the USLHC

#### Child Speech & Language

- Pre-K Language Learning Group
- Language Development
- Speech Sounds
- Apraxia
- Fluency
- Autism
- Social Skills

#### Adult Speech, Language, & Cognition

- Aphasia
- Post Stroke Communication Group
- Parkinson's Voice Project
- Transgender Voice
- Fluency
- American English Accent Training

#### **Hearing Services**

· Drop-off hearing aid cleaning and repair services



