



► Understanding, developing and promoting a healthy lifestyle is the major focus of the Department of Health and Human Performance.

We are committed to providing outstanding educational experiences and premier

research opportunities designed to develop tomorrow's leaders in the exercise, health and fitness, sport administration and nutrition industries.

Our diverse and accomplished faculty is a student-oriented team of professionals on the forefront of educational technology. Their research projects include collaborations throughout the world.

Please contact us if you have any questions concerning our graduate programs.

Dr. Daniel O'Connor  
Professor and Department Chair

*O...Here  
pportunities Await!*

UNIVERSITY of **HOUSTON**  
HEALTH and HUMAN PERFORMANCE

<http://hhp.uh.edu/SFAP>



Questions? Concerns?  
For more information please contact  
our graduate counselor  
Ms. Lauren Till at  
[leabbott@Central.UH.EDU](mailto:leabbott@Central.UH.EDU)

Open the gateway to your future  
and apply today at [www.applytexas.org](http://www.applytexas.org)

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The University of Houston is an Equal Opportunity/  
Affirmative Action institution. Minorities, women, veterans  
and persons with disabilities are encouraged to apply.

Master of Arts

in

SPORT & FITNESS  
ADMINISTRATION



UNIVERSITY of **HOUSTON**  
HEALTH and HUMAN PERFORMANCE

# Master of Arts Sport & Fitness Administration

*O...Here  
Opportunities Await!*

## Designed for

- Aspiring sport administrators and managers
- Sport, exercise and recreational specialist
- Business personnel in the sports industry
- Students preparing to pursue a doctoral degree
- Professional development and career enrichment

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*"The reason I chose this program is because of the reputation of athletics, the prestigious faculty achievements, and the numerous opportunities the City of Houston offers for both professional and collegiate sports."*

**Marston Jefferson, Class of 2018**

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## Why HHP

- Internship and professional employment opportunities are available in the Greater Houston area
- **Flexible** class times for working professionals
- Competitive tuition rate with financial aid/tuition waivers available
- University of Houston is **one of only three** public Carnegie-designated Tier One research universities in Texas
- Houston is the **most diverse** city in the US
- Vibrant sports scene: Texans, Astros, Rockets, Dynamo, Dash, and hundreds of other events
- Houston is the **nation's fourth largest city** and an international destination, bursting with energy
- Engage in networking and professional development to be exposed to athletic training and sports medicine professionals to increase job marketability and placement

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*"The program afforded me an opportunity to intern and eventually become a full-time employee of UH athletics. I am able to provide internship opportunities in college athletics to students."*

**John Noud, Class of 2013**

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## Program Highlights

### Philosophy

The Sport and Fitness Administration Program (SFAP) provides students with a comprehensive program of study, which integrates theoretical concepts and practical application of management strategies to address the burgeoning needs of a sport conscious society. Graduates seek placement in a variety of sport and fitness settings including golf country clubs, professional sports franchises, television, university athletic programs, municipal recreation programs and corporate wellness programs.



### Faculty

The SFAP is comprised of a teaching faculty with a wealth of academic and professional experience that collaborates with a myriad of collegiate departments and sport/fitness entities in the greater Houston area. The faculty publishes in scholarly journals, and annually presents their research at state and national conferences. Their involvement in various academic and corporate executive committees also enhances the program's visibility.

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