# **HUMAN RESOURCES**

***Fall into Financial Wellness!***

# **Retirement Seminar for UH Faculty and Staff**

[**M.D. Anderson Library, Elizabeth D. Rockwell Pavilion**](https://libraries.uh.edu/about/maps-directions/#anderson)

**Wednesday, October 22, 2025, and Tuesday, December 2, 2025**

**SESSION SCHEDULE AND DESCRIPTIONS:**

Wednesday, October 22, 2025

**9:00 AM – 9:45 AM, Voya Financial**

Gain insights into Social Security and future planning. Social Security materials are freely available at: [www.ssa.gov/pubs](http://www.ssa.gov/pubs).

**10:00 AM – 10:45 AM, TIAA**

Steps to Help Secure Your Income in Retirement - Only 34% of non-retires believe their retirement savings plan is currently on track. A check-in at this stage of your career can help you act now to set yourself up for greater financial security in the future. In this workshop, you’ll learn how to understand where you stand, set financial priorities, optimize your savings and investments, and create a plan for lifetime income.

**11:00 AM – 11:45 AM, Voya Financial**

*Your Path to Financial Wellness* - Financial Wellness is about finding a healthy balance between living for today and preparing financially for tomorrow. It’s not necessarily about being wealthy but rather achieving a state of well-being—where you feel in control of your current finances and confident in your financial decisions. Join us to explore the six pillars that are essential to overall financial wellness, along with practical tips on where to start now.

**12:00 PM – 1:00 PM, Lunch (provided by our UHS vendors)**

**1:00 PM – 1:45 PM, Corebridge Financial**

*Your Future Starts Now* - This session will help you become a savvy saver by taking a path toward greater security in retirement.

**2:00 PM – 2:45 PM, Texa$aver**

*Ready, Set, Retire* – Presented by the Texa$aver Team, this presentation provides an overview of the Texa$aver 457(b) Program, highlighting how it can help you prepare for a financially secure future. Attendees will learn about the benefits of participating in the plan, contribution options, investment choices, and helpful tools and resources to support their retirement planning journey. Whether you're just getting started or nearing retirement, this session will equip you with the knowledge and confidence to take the next step.

**3:00 PM – 3:45 PM, Fidelity**

*Planning for Your Needs and Wants* – Financial decisions can be difficult, but Fidelity can help with an approach that makes sense and starts with a solid retirement plan. In this session, Fidelity representatives will show you how to simplify your financial picture and make it easier to meet your savings goals. You'll leave feeling more confident about your investing and future planning decisions.

**COMING IN DECEMBER**

Tuesday, December 2, 2025

**9:00 AM – 9:45 AM, Retired Faculty Presentation**

Join us for an introduction and discussion about a new, emerging collaborative initiative coordinated by UH Population Health in partnership with Human Resources, Parking and Transportation, IT, and others. This initiative is designed for UH faculty who have retired or are planning to retire.

**11:00 AM – 12:00 PM, Voya Financial –** **The Six Pillars of Financial Wellness**

Financial Wellness is not about being wealthy. It's about living well today, while planning for tomorrow, and being prepared for the unexpected. In this interactive session, you'll discover the six pillars that are essential to your overall financial wellness and learn practical ways to build security and peace of mind, no matter what life brings

**Light refreshments: (Voya Financial)**

**12:00 PM – 1:30 PM, TRS – Ready to Retire**

This workshop is for employees working in higher education who would like to learn about retirement. Covered topics will include how the TRS retirement plan works, what qualifies you to retire, and how the plan will benefit you in retirement.

**1:30 PM – 2:30 PM, ERS - Ready, Set, Retire**

In this informative workshop, representatives from ERS will discuss your medical benefits options in retirement. Included in this session will be important information related to dependent coverage and post-retirement life insurance.

**2:30 PM – 3:30 PM, ERS - Medicare Preparation**

Whether you're an employee or retiree, attend a Medicare Preparation session and learn about Medicare and how it works with your ERS benefits. ERS gets many questions from members who are near Medicare eligibility, and we want to answer your questions early to assist you with the Medicare process.

**PLEASE JOIN US. ADD THE SESSIONS TO YOUR CALENDAR AND PLAN NOW TO ATTEND!**