Vitals Equipment Specifications PHAR 4251: Skills II Spring 2023

Necessary components:

- Scrubs
 - Required to be solid, matching scrubs.
 - Jogger cut scrubs are not allowed
 - Scrubs must be standard hospital scrubs that cover the ankles
- Stethoscope
 - Has both a bell and a diaphragm on the chestpiece
 - Is not permanently connected to cuff
 - Non-digital/electronic
- Cuff/sphygmomanometer
 - Cuff should be your bicep size. Consult retailer to determine which size you need.
 - Must be separate from stethoscope
 - Must have an aneroid sphygmomanometer. No mercury sphygmomanometer.
 - No self-taking BP kits
 - o No cuffs attached to automatic BP machines
- Watch
 - o Must not be a smart watch
 - May be digital or analogue
 - Has second hand or seconds display





